## Forest School Programs for Educators & Schools

In January 2019, Ark Eden was delighted to begin running Forest School training and to become a Hong Kong host for Archimedes Forest School.

We ran our first level 3 (L3) training and our first Progression/Assessment Week. At Ark Eden we now have two qualified L3 trainers and one team-member who has completed the L3 training and who is now completing their qualification.

We would now like to open up our site to schools who would like to use it to run Forest School sessions and invite you to bring your classes to our beautiful Ark Eden site in Mui Wo to either run your own Forest School sessions or to run Forest School sessions facilitated by us.

#### How does it work?

We have a stunningly located Forest School site and can supply you with the tools and equipment you need to run your sessions. Please visit our gallery for photographs of Ark Eden. The list below highlights our main site facilities and provisions

Beautiful biodiverse valley 30 minutes walk from Mui Wo Ferry Pier and 20 minutes from Mui Wo Market bus-stop

- Large gathering areas
- Large undercovered outside area
- Renovated farm-house with living room and fully equipped kitchen
- Compost toilets
- Campfire areas
- Orchard and forest areas
- Permaculture farm and gardens
- Tarps, rope, Forest School tools
- Unlimited supply of fresh drinking water
- On request the assistance of a Forest School Level 3 Practitioner

Groups can choose to come for a day or half a day.

### **Running your own Forest School Sessions**

To ensure the smooth running and safety of your Forest School sessions, the lead teachers that will accompany your groups are required to do a one day training at the Ark Eden site. Please email us to inquire about establishing a regular calendar of sessions and costs

#### Forest School Sessions run by our Trained Forest School Team

There is no typical Forest School day as we are outdoors in nature and open to new adventures. However there are typical features that Forest School is recognized by such as fire-building and cooking over open fires, building shelters and using ropes and also the use of tools. Very often we are incorporating these into our Forest School sessions. Forest school is

organic, play-based and child-led with built-in non-threatening challenges designed to enhance holistic learning and self-esteem. As such a 'typical' Forest School day at Ark Eden would incorporate the walk in and out, introductory and closing sessions sessions and whatever we want to create in between. If you would like to create a calendar of events eg coming for 1 day per month we can help you design progressive sessions.

Please email us to inquire about establishing a regular calendar of sessions and costs

# Forest School themed Continuous Professional Development (CPD) at Ark Eden

We also offer Forest School themed CPD days for your staff and parents. These are a great way to introduce the ethos of Forest School to your whole team. Whether you would like to focus on a specific aspect of Forest School e.g. providing a range of experiences for learners, safety, enhancing play or if you want to provide a meaningful team-building event for all your staff - we are here.

Please email us for more information, any questions and your requests at info@arkedenonlantau.org